


School Lunch Menu

August 2010



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Turkey pieces on a bun, Squash, Fruit, Milk	Hamburger on a bun, French Fries, Fruit, Milk	Toasted Cheese Sandwich, Vegetable Soup, Carrots, Fruit	BBQ Pork on Pita Bread, Vegetable, Fruit, Milk	Cook's Choice, Milk
9	10	11	12	13
Turkey pieces on bread, Corn, Fruit, Milk	Taco Meat with Chips, Lettuce Salad, Fruit, Milk	Veggie Lasagna, Fruit, Milk	Chicken Nuggets or Chicken Patty, Rice, Vegetable, Fruit, Milk	Cook's Choice, Milk
16	17	18	19	20
Turkey pieces with rice, Vegetable, Fruit, Milk	Spaghetti with meat sauce, Lettuce Salad, Fruit, Milk	Cheese and Lunch Meat, Lunchable crackers, Vegetable, Fruit, Milk	BBQ Pork on bun, Corn, Fruit, Milk	Cook's Choice, Milk
23	24	25	26	27
Turkey, Scalloped potatoes, Lettuce Salad, Fruit, Milk	Taco meat on Tostado chips, Cucumber slices, Banana, Milk	Toasted Cheese Sandwich, Chicken Noodle Soup, Celery sticks, Apple slices, Milk	Pork pieces, Oriental veggies, Rice, Pineapple, Milk	Cook's Choice, Milk
30	31			
Lancer Menu	Lancer Menu			

* Lancer Dining does not use any products that contain pork, peanuts, or peanut oil. All products are baked or steamed, never fried. For more nutrition information visit www.lancerdining.com

* Menu subject to change