

Commandment Countdown: Remember... Rest... Revere...

Exodus 20:8-11

Remember the Sabbath day by keeping it holy.

Remember

Remember God's work.

- God made me and sustains me.
- God forgives my sin.
- God keeps me growing.

Rest

Rest your body, mind, and spirit.

- Our body has limitations that require rest.
- Our mind is the most active part of our being. It hardly ever stops but it needs renewal.
- Faith enables our spirit to rest.

Revere

Keep it holy.

- Prioritize it!
- Make it different!
- Let God work!